# **Spirituality Religion And Peace Education**

# Spirituality

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The meaning of spirituality has developed and expanded over time, and various meanings can be found alongside each other. Traditionally, spirituality referred to a religious process of re-formation which "aims to recover the original shape of man", oriented at "the image of God" as exemplified by the founders and sacred texts of the religions of the world. The term was used within early Christianity to refer to a life oriented toward the Holy Spirit and broadened during the Late Middle Ages to include mental aspects of life.

In modern times, the term both spread to other religious traditions and broadened to refer to a wider range of experiences, including a range of esoteric and religious traditions. Modern usages tend to refer to a subjective experience of a sacred dimension, and the "deepest...

# Secular spirituality

Secular spirituality is the adherence to a spiritual philosophy without adherence to a religion. Secular spirituality emphasizes the inner peace of the

Secular spirituality is the adherence to a spiritual philosophy without adherence to a religion. Secular spirituality emphasizes the inner peace of the individual, rather than a relationship with the divine. Secular spirituality is made up of the search for meaning outside of a religious institution; it considers one's relationship with the self, others, nature, and whatever else one considers to be the ultimate. Often, the goal of secular spirituality is living happily and/or helping others.

According to the American philosopher Robert C. Solomon, "spirituality is coextensive with religion and it is not incompatible with or opposed to science or the scientific outlook. Naturalized spirituality is spirituality without any need for the 'other-worldly'. Spirituality is one of the goals, perhaps...

#### Religion and health

individual's search for meaning and purpose in life. Spirituality is distinct from organized religion in that spirituality does not necessarily need a religious

Scholarly studies have investigated the effects of religion on health. The World Health Organization (WHO) discerns four dimensions of health, namely physical, social, mental, and spiritual health. Having a religious belief may have both positive and negative impacts on health and morbidity.

# Earlham School of Religion

Peace and Social Transformation degree. In addition, students can enroll in Certificate programs in Quaker Studies, Spirituality, Quaker Spirituality

Earlham School of Religion (ESR), a graduate division of Earlham College, located in Richmond, Indiana, is the oldest graduate seminary associated with the Religious Society of Friends (Quakers).

#### Dances of Universal Peace

Dances of Universal Peace (DUP) are a spiritual practice that employs singing and dancing the sacred phrases of the world's religions. Their intention is

The Dances of Universal Peace (DUP) are a spiritual practice that employs singing and dancing the sacred phrases of the world's religions. Their intention is to raise consciousness and promote peace between diverse religions according to one stated goal. The DUP are of North American Sufic origin. They combine chants from many world faiths with dancing, whirling, and a variety of movement with singing.

# Psychology of religion

Birmingham, AL: Religious Education Press. Schlehofer M. M.; Omoto A. M.; Adelman J. R. (2008). " How Do " Religion " and " Spirituality " Differ? Lay Definitions

Psychology of religion consists of the application of psychological methods and interpretive frameworks to the diverse contents of religious traditions as well as to both religious and irreligious individuals. The various methods and frameworks can be summarized according to the classic distinction between the natural-scientific and human-scientific approaches. The first cluster amounts to objective, quantitative, and preferably experimental procedures for testing hypotheses about causal connections among the objects of one's study. In contrast, the human-scientific approach accesses the human world of experience using qualitative, phenomenological, and interpretive methods. This approach aims to discern meaningful, rather than causal, connections among the phenomena one seeks to understand...

# Glossary of spirituality terms

This is a glossary of spirituality-related terms. Spirituality is closely linked to religion. Contents: A B C D E F G H I J K L M N O P Q R S T U V W

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# Religion

media related to Religion. Wikiquote has quotations related to Religion. Wikivoyage has a travel guide for Religion and spirituality. Wikiversity has

Religion is a range of social-cultural systems, including designated behaviors and practices, morals, beliefs, worldviews, texts, sanctified places, prophecies, ethics, or organizations, that generally relate humanity to supernatural, transcendental, and spiritual elements—although there is no scholarly consensus over what precisely constitutes a religion. It is an essentially contested concept. Different religions may or may not contain various elements ranging from the divine, sacredness, faith, and a supernatural being or beings.

The origin of religious belief is an open question, with possible explanations including awareness of individual death, a sense of community, and dreams. Religions have sacred histories, narratives, and mythologies, preserved in oral traditions, sacred texts, symbols...

#### Religion in Nigeria

faiths, diverse ethnic groups practised animist and ancestral religions, embedding spirituality in social and political life. Islam, introduced through 11th-century

Religion in Nigeria is a cornerstone of social, cultural, and political life, shaped by a rich history of indigenous beliefs, Muslim trade routes, and Christian missionary activity. Nigeria's religious landscape, one of the most diverse in Africa, emerged from pre-colonial animist traditions, the 11th-century arrival of Islam via trans-Saharan trade, and the 19th-century spread of Christianity through British colonialism.

Contemporary demographics reflect a near-even split between Islam (45.5–53.5%) and Christianity (45.9–54.2%), with traditional beliefs and other faiths comprising a smaller share. Religious identity, often tied to ethnicity and region, drives both community cohesion and periodic conflict.

Islam dominates northern Nigeria, Christianity prevails in the south, and the Middle...

Holy Cross - Centre for Christian Meditation and Spirituality

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The Holy Cross – Centre for Christian Meditation and Spirituality (German: Heilig Kreuz – Zentrum für christliche Meditation und Spiritualität) is an institution of the Roman Catholic Diocese of Limburg, Germany. It is based at the Holy Cross Church in Frankfurt-Bornheim and is dedicated to services, contemplation, meditation, retreats, counseling, and other events such as concerts.

At the end of August 2025, the closure of the meditation center and this location was announced for December 20, 2025. The future use of the premises in Heilig Kreuz was not yet determined at that time.

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